

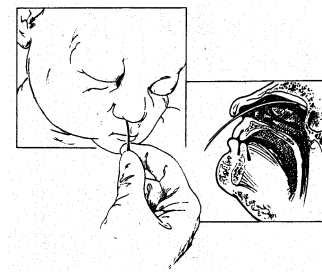
Fairview Health Services
 Department Laboratory /Nursing
 Laboratory Acute Care/Virology
 Section Collection
 Category Provision of Care

Subject NASAL WASH

Purpose Provide instructions for consistent collection of nasal wash specimens on pediatric and adult patients to ensure accurate results.

Policy Nasal wash samples may be tested for RSV Rapid Antigen, Influenza Rapid Antigen or Viral Culture as requested by the physician.

- Procedure**
1. Explain procedure to patient.
 2. Put on gloves, face shield and mask.
 3. Open kit and attach blunt needle to syringe
 4. Break top off of normal saline container.
 5. Withdraw saline into syringe.
 6. Remove blunt needle from syringe.
 7. Attach catheter to syringe.
 8. Insert catheter into nasal cavity and inject a small amount of saline.
 9. Withdraw saline with mucous and epithelial cells from nasopharyngeal area.
 10. Remove catheter from syringe.
 11. Securely cap the end of the syringe.
 12. Label specimen and place in a transport bag.
 13. Assess respiratory status of patient and tolerance of procedure.
 14. Remove gloves and perform hand hygiene.



Equipment/Supplies The nasal kits are available from central stores, I:Manage #802155.

References 1. Centurion RSV Sampling kits Package insert RSV1540P_9.9.08. Tri-State Hospital Supply Corporation, 8421 10th Ave. No., Golden Valley, MN 55437.

File Location Acutecare\Web_Intranet\collection\SPC2116_Nasal Wash

Original Date 8/08 **Original Author(s):** C Weston

Original Approved by: C Weston, H Balfour

Revised 8/09 **Last Revised/Approved by:** C Weston, N Young-Dixon

Reviewed 8/09, 8/10, 8/11 **Last Reviewed/Approved by:** C Weston, N Young-Dixon



Medical Director 8/08, 9/10, 8/11
Approval

Effective Date 8/25/11

Policy S:PC-2116 v4

Approved by: H Balfour